EAD 2011 Poster Abstract: Title: Investigating Cooking and Heating Product needs, for Irish Older Adults



Fig. 1 Ethnographic Research

HEALTH ENVIRONMENTAL

Fig. 2 Personae

Fig. 3 Framework

Fig.2

Billy and Margaret Molloy Couple, 77 and 75

t, Dublin. Proud parents and grandparents of 2 girls and 3 boys, 4 live of in Australia and 10 grandchildren they are 50 years married his year, the Molloy family, Billy-suffered a stroke 4 years ago and has been cheimer's last year. Daughter Anne now acts as a part-time carer for him

Billy worked as a Sergeant in the Army for 25 years, Margaret was a housewife

 Margaret leads an active life and is involved in various community based activities. She attends a ladies club in town every week (she refuses to call it old woman's club!) and likes to knit attend art classes and plays bingo she has many new friends now and her Daughter Medium, detached 2 bed roomed house Sheltered Housing, Urban setting Portlaoise

Living here 7 years it is walking distance of all amenities
 House is spotless and a lot of effort is given to the appearance and decoration
 Lived with their son and family for a year before moving in but didn't like being far
 away from amenities and having to get taxis everywhere

· Billy goes out for walks a lot on his own to get messages and down along the canal family

worry about him.

Both enjoy GAA especially supporting Dublin Gaelic football.

Their Joint social life is curtailed these days but feel that very much together now. They both love getting away to Majorca now and again and visited their son is Australia once and loved the lifestly they would like go again but are not good at travelling now a days

Margaret would like to have a pet but not allowed due to the house rules she has to con

New house much more secure, never have to worry about security
 Moving was a unpleasant experience they brought very little as it is smaller house
 Mantle piece holds many ornaments taken from old home army days on and over

the fireplace

Billy's Army-jacket with medals are proudly displayed

with a stuffed toy dog

· Moved from Dublin for three reasons To be closer to their children that are based around the midlands now From a 2 story house to a one floor for safety without stairs-

Billy was beginning to show signs of dementia at the time. 3. Environment in Dublin changed so much in15 years 3 break in's in 5 years

Alzheimer's, Osteo and Rheumatoid Arthritis, mobility

 Margaret has suffers from Rheumatoid arthritis for 18 years which is getting worse with time needs a hand with everyday tasks like dressing and showering. She takes medicate daily for this, doesn't have the strength for opening jars and had to give up set dancing beary so furths, doesn't index the shringman opening play and have been as the because of arthritis is effected by the cold needs heat on the hottest day.

Pain from arthritis recedes when in hotter climates like Spain.

Billy suffers with slight Obcoarthritis he suffered a stroke four years ago and has been

diagnosed with Alzheimer's last year the family worry about his memory and wandering off, he is getting forgetful and repetitive

. Feel the benefits when they can rest and relax even if it's just with the newspaper for an hour Margaret gets really bad circulation so even in the hottest night she would be freezing
 Margaret has a walker but would only use it if she absolutely had too she is afraid won't be

able to bring it into the doors of the shops They get annoyed when they can't do things because of health- they were quite active and try to be still. Still thinks they are both 25

Sons brought them an electric stove for the sitting room 3 years ago they only use it when it is very cold or to give the house a boost when the heating is coming on because it uses a

Gas fired central heating with electric stove

Sas fired central heating w
Needs alot more heat than when younger-Would use a lot of heat in the winter
Finds gas heating pretty good-thinks its handler for Older people not ordering oil, they had
oil fired heating in their old home which was "fine but quite expensive"
- Margaret is the main controller of the heat timer she needs to get up on a chair to get right
into the timer "for folded at if but gets nervous touching it. She just turns it on and of as they
need it in summer their son sets it for winter
- The boller is set by in the morning and elses on to take at size to a facility on the set of the set

The boller is set 9 in the morning and stays on to ten at night on a low heat and it just stays that way until they switch it off permanently in winter, heat is nearly on continuously. October to April. They don't need much heat in summer as house is well insulated. Sas bills were €200-300 in winter now they pay 20 euro per week to keep in credit

It is very cool or to give the notice aboost when he hearing is coming on because it uses a "They like to pot the "glow" on the fire in the dark nights this is an important focal point in the room as they grew up with an open fire "They have a fire guard around the electric fire in the summer time "to take the look off it" "Margaret used to love her old range in Dublin, she found it great for boiling her kettle and for its large cooking area but recalls the hassle with cleaning and lighting it. Fond stories of cleaning children in the bash in front of the range on Saturdays. She got rid of it when she tumed 60 unable to do all the cleaning Electric Cooker/Hob and Microwave

OTHER PRODUCTS Refrigerator, Television, Mobile Phone, Panic button

Remgerator

*Alargaret has to have to have a chair beside her when bending down to clean the
fridge to help get back up again. On one occasion the two of them got stuck on the
floor when Billy tried to help her up.

*Son is getting something that would higher the fridge up

Margaret and Billy don't watch much television mostly current affairs and news at six and nine or short.

Doesn't like the mobile but family insist on them having one.
 Her son put her numbers on a piece of paper on the back of the phone because she was finding it hard to use.

They check the panic button every month
 One of the grandchildren set off the panic button recently



"Its nice, quite and off the stree

here, were quite content here you dont get any gou-jos and young fellas around"

Your health is your wealth"

"We get annoyed when we can't do things because we were quite active and try to be still. We still think we are 25"



I usually have to get up on chair to fiddle with the

"Oven is far too low, It might be OK to put something in but impossible to take something hot out

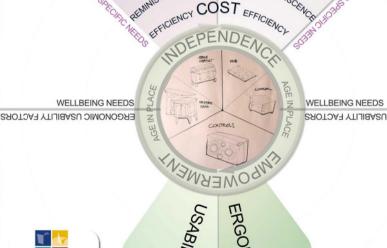


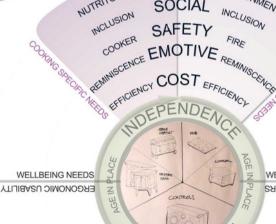


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Fig.3





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