



SPECIAL CARE BABY UNIT LITTLE LIBRARY

PROMOTING PARENTAL BONDING, EARLY LITERACY, AND FAMILY-CENTERED CARE

A QUALITY INNOVATION PRESENTED BY:

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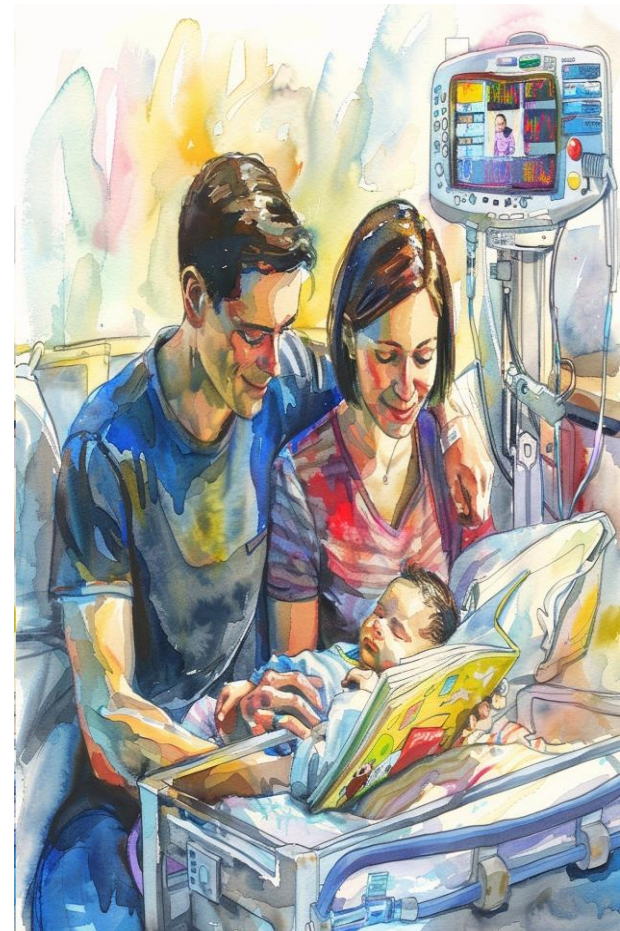
BACKGROUND

- The Special Care Baby Unit (SCBU) Little Library initiative is founded on acknowledging the significant influence of parental bonding on the health and happiness of newborns and their families.
- This project aims to establish a supportive atmosphere in response to comprehending the difficulties families encounter in the SCBU, as revealed through a concept analysis of parental anxiety in this setting.
- Six attributes were identified: unfamiliar environment, emotional reaction, fear of loss, uncertain outcome, lack of information and control, and discomfort.
- Notably, empirical studies underscore the profound benefits of early reading and interactive engagement in nurturing the cognitive development of preterm and unwell infants.¹



NEONATAL HOSPITALIZATION CHALLENGES

- **Parental Anxiety:** Parents of infants in the SCBU often experience heightened anxiety due to the unfamiliar environment and medical complexities.³
- **Parental bonding:** Separation and medical interventions can hinder the development of strong emotional bonds between parents and their infants.²
- **Family-centered care:** Balancing medical needs while involving families in the care process can be challenging in a SCBU setting.⁴



AIM AND OBJECTIVES

- To alleviate parental anxiety, promote parent-infant bonding, encourage early engagement in reading, and provide holistic support for the well-being of our tiniest community members.



DESCRIPTION OF THE INNOVATION

- This innovation lies in curating age-appropriate, durable, wipeable books and audio-books, that are now available to parents on SCBU, creating an intimate and personalized reading environment.
- Infection prevention and control measures.
- The Little Library provides a calming and supportive environment for shared reading experiences directly at the cot/incubator side. This fosters a nurturing connection between parents and their newborns.



CONCLUSION AND IMPACT

- The SCBU Little Library is an innovation that enhances the care experience of neonates and their families.
- Providing a sense of normalcy.
- Alleviating parental anxiety.
- Promoting early engagement in reading.
- Strengthens parental bonding.
- Promoting a nurturing environment that supports vulnerable infants' medical and emotional needs.



SCBU LITTLE LIBRARY PORTIUNCULA UNIVERSITY HOSPITAL



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THANK
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